

Dear Parent or Guardian,

Your child tested positive for COVID-19. Your child should stay home and isolate until:

- At least 10 days since symptom onset AND;
- 24 hours after fever resolves without the use of fever reducing medication AND;
- Symptoms have improved.

If your child does not exhibit symptoms, they should stay home and isolate for 10 days from the date of the positive test. **Your child should not participate in any other visits or activities during this time.**

COVID-19 symptoms include:

- Fever
- Cough
- Headache
- Congestion
- Sore throat
- Loss of taste and smell
- Body aches
- Diarrhea
- Nausea
- Vomiting

Some people have no symptoms, or the symptoms are so mild that they don't notice. Some people experience serious illness. Symptoms can appear anywhere between 2 and 14 days after exposure (the incubation period). The average time after exposure is 5 days.

For more information please visit: <https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVIDcasepositive.pdf>

If you have further questions concerning COVID-19 you can consult your healthcare provider, contact the state Call Center 1.800.525.0127 and press #, or contact our office at 509.684.2262. More information can be found on our website at [www.netchd.org](http://www.netchd.org) or at <https://www.cdc.gov/coronavirus/2019-ncov>.

Sincerely,



Sam Artzis, MD  
Health Officer

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